

The story of a Man Who Blocked His Own Blessings

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Chapter 1: The Clash Between Supplication and Sin

Persistent Complaint: When Prayers Seem Ineffective

A man once approached Hazrat Mawlānā Shāh Abrār al-Haqq with a sincere plea. He had requested a supplication for the increase of sustenance and had also been advised a specific wazīfah (spiritual litany). After practising the recommended invocation for a while, he returned with a complaint—that the wazīfah appeared to have no effect.

A Man's Disappointment:

Unnamed Individual:

"I have been doing the wazīfah, but it hasn't brought any results."

The Parable of Opposing Forces: A Spiritual Analogy

Upon hearing this, Hazrat Mawlānā Shāh Abrār al-Haqq offered an insightful analogy. He explained that the situation resembled two trucks facing each other in a deadlock, both exerting force, yet neither yielding way. In such a scenario, no forward movement can be expected, and consequently, no destination can be reached.

The Scholar's Response:

Hazrat Mawlānā Shāh Abrār al-Haqq:

"Two trucks are face-to-face and struggling against each other. If neither gives way, how can they reach their destination?"

Contradictory Currents: The Futility of Dual Practices

The revered scholar further explained that while the wazīfah was indeed in progress, so too were the man's sinful actions. The spiritual invocation was intended to attract divine sustenance, while the ongoing sins were actively working against it—causing constriction in provision.

The Spiritual Conflict:

Hazrat Mawlānā Shāh Abrār al-Haqq:

"The wazīfah draws sustenance, while sins have the opposite effect—they constrict it."